

Belgian
Association for
Sleep research and
Sleep medicine

www.belsleep.org



BASS Spring Meeting 2024

Friday May 31
Waterloo

Conquering the night
a battle against sleep disorders in Waterloo



Venue

La Ferme de Mont-Saint-Jean
Chaussée de Charleroi, 591
1410 Waterloo

Registration

www.belsleep.org

Fee

BASS members: free (100€ after 24/05/2024)
Non-members: 80 € (100€ after 24/05/2024)

How to reach

www.fermedemontsaintjean.be/contact/

Accreditation

has been requested





Program

Arrival and registration with coffee	08:30 - 09:00
Welcome and introduction <i>Dries Testelmans, president of the BASS and Marie Bruyneel, local organizer</i>	09:00 - 09:15
Morning Session	
Chairs: Marie Bruyneel – Dries Testelmans	
Update in RLS/PLMS treatment <i>Diego Garcia-Borreguero, Madrid</i>	09:15 – 10:00
Inappropriate use of sleep dedicated medications <i>Lou Richelle, Brussels</i>	10:00 – 10:45
Coffee/tea break	10:45 – 11:15
Chair: An Mariman	
Sleep in post-traumatic stress disorder <i>Maarten Van Den Bossche, Leuven</i>	11:15 – 12:00
Walking lunch	12:00 – 13:15
Afternoon Session	
Chairs: Bertien Buyse – Johan Verbraecken	
Polysomnographic characteristics of different OSA phenotypes <i>Winfried Randerath, Solingen (online)</i>	13:15 – 14:00
Obesity hypoventilation syndrome: practical aspects <i>Marjolaine Georges, Dijon</i>	14:00 – 14:45
Coffee/tea break	14:45 – 15:15
Chairs: Sonia Scaillet – Mélanie Strauss	
Practical approach to insomnia in children <i>Karen Spruyt, Paris</i>	15:15 – 15:45
New guidelines for insomnia <i>An Mariman, Ghent</i>	15:45 – 16:30
Closing remarks	16:30 – 16:35

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Photo source: La Ferme de Mont-Saint-Jean

